

# EnsIDT QAPI Plan: Inhalers

STEP	OBJECTIVE	DESCRIPTION	TOOLS TO USE
<b>1</b> <b>DEFINE</b>	<b>What is the problem?</b> Overuse of inhalers in patients with advanced pulmonary conditions	<b>Improvement opportunity &amp; scope:</b> <ul style="list-style-type: none"> <li>Successful medication administration from metered-dose inhalers (MDIs), dry-powder inhalers (DPIs) or soft-mist inhalers (SMIs)(i.e., Respimat) are impacted by inspiratory effort and breath control</li> <li>Hospice patients lack the physical skill or cognitive ability to correctly use MDIs, DPIs and SMIs. In addition, these are costly therapies.</li> </ul>	<b>Baseline monthly spend by hospice site</b>  <b>Targeted Medication Report</b>
<b>2</b> <b>MEASURE</b>	<b>How are we doing?</b> Gauge high utilization of inhalers and potential cost savings	<b>Process to identify the problem and expected outcome</b> <ul style="list-style-type: none"> <li>Measurable items:               <ul style="list-style-type: none"> <li>Baseline monthly cost</li> <li>Top hospice sites by charge</li> <li>Most prescribed medications in targeted medication list</li> <li>Top prescribers by charge</li> </ul> </li> <li>Goal: Defined as "X" % cost savings from baseline (i.e., 25%)</li> <li>Outcome: Total monthly savings from baseline</li> </ul>	<b>Targeted Medication Report</b>
<b>3</b> <b>ANALYZE</b>	<b>What is wrong?</b> Identify actionable measures through assessment of current practices	<b>Root causes:</b> <ul style="list-style-type: none"> <li>Lack of patient assessment of inhaler use technique</li> <li>Lack of knowledge of appropriate use of inhalers vs. nebulizers in advanced pulmonary conditions</li> <li>Refilling medications without prior patient inhaler use assessment</li> <li>Patient/caregiver reluctance to change medications</li> <li>Others as defined by group</li> </ul>	<b>Brainstorming</b>  <b>Root cause analysis</b>
<b>4</b> <b>IMPROVE</b>	<b>Fix the problem.</b> Decrease utilization of inhalers and gain cost savings	<b>Initiate the project, create project plan</b> <ul style="list-style-type: none"> <li>Select sites for project implementation</li> <li>Identify project lead</li> <li>Establish project timeline</li> <li>Select the drug class to target</li> <li>Introduce project during IDT discussions</li> <li>Staff training</li> <li>Patient/caregiver education</li> </ul>	<b>Targeted Medication Report</b>  <b>Training video/slides</b>  <b>Quick Facts for clinicians, "Use of Inhalers at End of Life"</b>  <b>Patient/caregiver education</b>
<b>5</b> <b>CONTROL</b>	<b>Maintain gains &amp; publish results.</b> Maintain current or lower level of utilization and costs of inhalers in overall spend	<b>Control measures to maintain results; evaluate results; publish results</b> <ul style="list-style-type: none"> <li>Monitor symptom outcomes</li> <li>Monitor monthly utilization and cost trends</li> <li>Evaluate changes in prescribing</li> <li>Discuss progress and challenges during IDT meetings</li> <li>Include in new hire training</li> </ul>	<b>Targeted Medication Report</b>  <b>Patient records/ symptom assessment</b>  <b>IDT agenda: Include as regular item for discussion</b>